

Summary List: 80 Nonviolent Methods

I. ACTIONS TO SEND A MESSAGE

Nonviolent Protest and Persuasion

FORMAL STATEMENTS

1. Public Speeches
2. Letters of Opposition or Support
3. Declarations by Individuals and Organizations
4. Signed Public Statements
5. Group or Mass Petitions

COMMUNICATION WITH A WIDER AUDIENCE

6. Slogans, Satire, Caricatures, and Symbols
7. Banners, Posters, Bumper Stickers, and Displays
8. Leaflets, Flyers, Pamphlets, Articles, and Books
9. Newspapers and Journals
10. Radio, TV, Press Conferences, CDs, Cell Phones, and the Internet
11. Skywriting and Earth-Writing

GROUP REPRESENTATIONS

12. Deputations
13. Mock Awards
14. Group Lobbying
15. Picketing
16. Mock Elections

SYMBOLIC PUBLIC ACTS

17. Displays of Flags and Symbolic Colors
18. Wearing of Symbols
19. Photos
20. Prayer and Worship
21. Delivering Symbolic Objects
22. Symbolic Lights
23. Symbolic Sounds

PRESSURE ON INDIVIDUALS

24. "Haunting" or "Shadowing"
25. Fraternalization
26. Vigils

DRAMA AND MUSIC

27. Humorous Skits, Street Theater, and Pranks
28. Performances of Plays and Music
29. Singing
30. Films

PROCESSIONS

31. Marches
32. Parades
33. Religious Processions
34. Pilgrimages
35. Motorcades

HONORING THE DEAD

36. Mourning
37. Mock Funerals
38. Homage at Burial Places

PUBLIC ASSEMBLIES

39. Assemblies of Protest or Support
40. Teach-Ins

WITHDRAWAL AND RENUNCIATION

41. Walk-Outs
42. Silence
43. Renouncing Honors
44. Turning One's Back

II. ACTIONS TO SUSPEND COOPERATION AND ASSISTANCE

Social Noncooperation

OSTRACISM OF PERSONS

45. Social Boycott
46. Selective Social Boycott

NONCOOPERATION WITH SOCIAL EVENTS, CUSTOMS, AND INSTITUTIONS

47. Suspension of Social and Sports Activities
48. Boycott of Social Affairs
49. Student Strike
50. Social Disobedience
51. Withdrawal from Social Institutions
52. Nonobedience and Disguised Disobedience

WITHDRAWAL FROM THE SOCIAL SYSTEM

53. Stay-at-Home
54. Sanctuary

Economic Noncooperation

ACTION BY CONSUMERS

55. Consumer Boycott
56. Policy of Austerity

ACTION BY HOLDERS OF FINANCIAL RESOURCES

- 57. Refusal to Pay Fees, Dues, and Assessments
- 58. Creation of Alternative Financial Mechanisms

STRIKES

- 59. Protest Strike
- 60. Professional Strike
- 61. Sympathetic Strike
- 62. Detailed Strike
- 63. Slow-Down Strike
- 64. "Sick-In"
- 65. Limited Strike

III. NONVIOLENT INTERVENTION

PSYCHOLOGICAL INTERVENTION

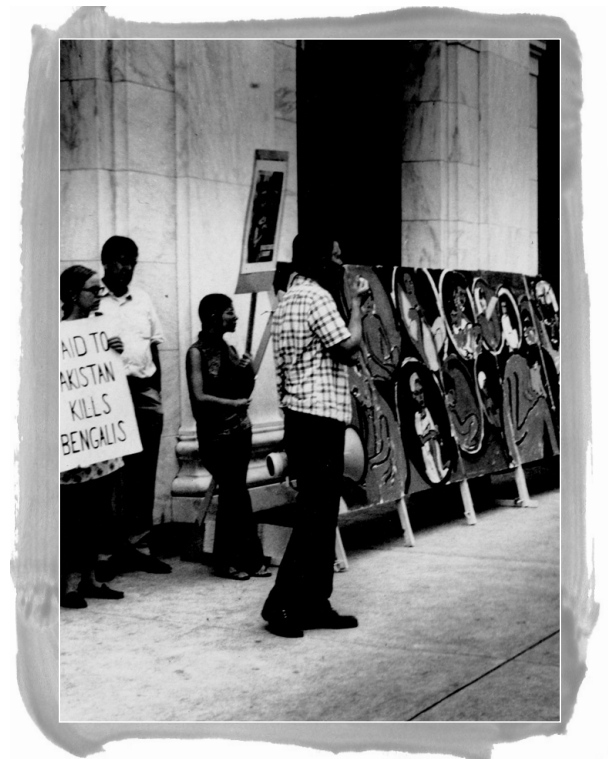
- 66. The Fast
- 67. Nonviolent Aggravation

PHYSICAL INTERVENTION

- 68. Sit-Down
- 69. Sit-In
- 70. Stand-In
- 71. Pray-In
- 72. Call-In
- 73. Nonviolent Interjection
- 74. Nonviolent Obstruction
- 75. Nonviolent Occupation
- 76. Civil Disobedience

SOCIAL INTERVENTION

- 77. Establishing New Patterns
- 78. Speak-In
- 79. Alternative Social or Religious Institutions
- 80. Seeking Imprisonment



Street speaking in front of painted panels representing impact of U.S. military aid to Pakistan.